



WHAT CAN I EAT?

DIETARY & ALLERGEN GUIDE

Please refer to our allergen key below on how to use this dietary and allergen guide.

A blank space in the table indicates allergens were not reported in this product based on the information from our ingredient suppliers and assessment of our restaurant operations. **However, we are unable to guarantee that any products sold are free from allergens.** There is always a risk that traces of allergens may be transferred to ingredients during processing, storage or food preparation in our kitchen or during the external manufacturing process for a product or ingredient.

Please be aware that we do not have a gluten-free menu. Our 'low-gluten' options are items that 'may contain traces of gluten' and defined as ingredients of the menu items not naturally contain gluten, however, we cannot guarantee it is free from gluten due to processing, storage, food preparation and our mixed use kitchens.

LAST UPDATED: 16 March 2026

	Nuts	Dairy	Egg	Vegan/Vegetarian	Halal Suitable	Gluten	Sesame	Fish/Shellfish	Soy	MSG	Other
FRESH ROLLS - RICE PAPER ROLLS											
BBQ Chicken					✓	Low	Contains	May contain	Contains		
Pork & Prawn						Low		Contains	May contain		
Crispy Flathead & Avo					✓	Contains		Contains			Pescetarian
Garlic Prawn					✓	Low		Contains			Pescetarian
Lemongrass Beef					✓	Low		Contains			
Poached Chicken Breast & Avo					✓	Low	May contain		May contain		
Low Carb Poached Chicken Breast											
Low Carb Crispy Flathead					✓	Contains		Contains	Contains		Pescetarian
Tofu				✓	✓	Low	Contains		Contains		
Low Carb Tofu				✓	✓	Low	Contains		Contains		
Roast Duck					✓	Low	Contains		May contain		
Lemongrass Chicken					✓	Low		Contains			
Softshell Crab (select stores)					✓	Contains		Contains	May contain		Pescetarian
Crispy Chicken						Low			Contains		
BAGUETTES - BANH MI * Can be made Halal without pâté.											
BBQ Chicken	May contain tree nuts	Contains	Contains		Halal without pâté	Contains	May contain		May contain		
Lemongrass Beef	May contain tree nuts	Contains	Contains		Halal without pâté	Contains	May contain	Contains	May contain		
Roast Pork & Crackling	May contain tree nuts	Contains	Contains			Contains	May contain		May contain		
Tofu	May contain tree nuts	Contains	Contains	Vegetarian without pâté	Halal without pâté	Contains	May contain		May contain		
Crispy Chicken	May contain tree nuts	Contains	Contains			Contains	May contain		Contains		
Lemongrass Chicken	May contain tree nuts	Contains	Contains		Halal without pâté	Contains	May contain	Contains	May contain		
STEAMED BUNS - BAO											
BBQ Chicken		Contains	Contains		✓	Contains	May contain	May contain	Contains	Contains	
Lemongrass Beef		Contains	Contains		✓	Contains	May contain	Contains	May contain	Contains	
Roast Pork & Crackling		Contains	Contains			Contains	May contain	May contain	Contains	Contains	
Crispy Prawn		Contains	Contains		✓	Contains	May contain	Contains	May contain	Contains	Contains
Tofu		Contains	Contains	Vegetarian	✓	Contains	May contain		Contains	Contains	
Roast Duck		Contains	Contains		✓	Contains	Contains		May contain		
Crispy Chicken			Contains			Contains	Contains		Contains		
Lemongrass Chicken		Contains	Contains		✓		May contain	Contains	May contain		
NOODLE SALADS - BUN (WITHOUT DRESSING) Nuoc Mam Dressing contains fish sauce.											
BBQ Chicken					✓	Low		May contain	Contains		
Lemongrass Beef					✓	Low		Contains			
Roast Pork & Crackling						Low		May contain			
Crispy Chicken Wings						Low			Contains		
Tofu & Vegetable Spring Rolls				✓	✓	Low	Contains			Contains	
Lemongrass Chicken					✓	Low		Contains			
Roast Duck					✓	Low			Contains		
RICE - COM (WITHOUT DRESSING) Nuoc Mam Dressing contains fish sauce.											
BBQ Chicken					✓	Low		May contain	Contains		
Lemongrass Chicken					✓	Low		Contains			
Lemongrass Beef					✓	Low		Contains			
Roast Pork & Crackling						Low	May contain		May contain		
Crispy Chicken Wings						Low			Contains		
Tofu & Vegetable Spring Rolls				✓	✓	Low			Contains	Contains	
Roast Duck					✓	Low			Contains		
NOODLE SOUPS & PHO (CUP & BOWL)											
Sliced Rare Beef Pho					Only Halal suitable in VIC.	Contains			Contains		
Poached Chicken Breast Pho					Only Halal suitable in VIC.	Contains			Contains		
Mixed Beef & Chicken Pho					Only Halal suitable in VIC.	Contains			Contains		
Mushroom & Tofu Pho				✓	✓	Contains			Contains	Contains	
Seafood Pho					✓	Contains		Contains			Pescetarian
Spicy Beef BBH (Bun Bo Hue)					✓	Contains		Contains	Contains		
Chicken Curry					✓	Contains		Contains	Contains		
VIET SALADS - GOI (WITHOUT DRESSING) Nuoc Mam Dressing contains fish sauce. Goi comes with crab crackers which contains shellfish and MSG. Remove crab crackers and Nuoc Mam to make vegan/vegetarian.											
Poached Chicken Breast					✓	Low		Contains	Contains		
Lemongrass Beef					✓	Low		Contains	Contains		
Pork & Prawn						Low		Contains	Contains		
Prawn					✓	Low		Contains	Contains		
Tofu				✓ Without crab crackers.	✓	Low		Contains	Contains		
Roast Duck					✓	Low		Contains	Contains		
Lemongrass Chicken					✓	Low		Contains	Contains		
Crispy Chicken Wings					✓	Low		Contains	Contains		
SIDES (WITHOUT SAUCE)											
Crispy Chicken Wings						Low			May contain		
Seafood Spring Rolls					✓	Contains	May contain	Contains	May contain	Contains	
Vegetable Spring Rolls				✓	✓	Contains	Contains		Contains	Contains	
Sweet Potato Fries				✓	✓	Low			Contains	Contains	
Crispy Prawns					✓	Contains		Contains	May contain	Contains	
Crab Crackers					✓	Low		Contains	May contain	Contains	
HOUSE DRINKS											
Vietnamese Iced Coffee					✓	Low					
Roll'd Peach Iced Tea						Low					
Roll'd Lemon Iced Tea						Low					
CONDIMENTS (SACHETS/TUBS)											
Hoisin		Contains		Vegetarian	✓	Low	May contain		Contains		
Spicy Hoisin		Contains		Vegetarian	✓	Low	May contain		Contains		
Chilli Mayo			Contains	Vegetarian	✓	Low				Contains	Pescetarian
Veg Nuoc Mam				✓	✓	Contains			Contains		
Nuoc Mam				Vegetarian	✓	Low		Contains	Contains		
Hot Sauce				✓	✓	Low			May contain		Pescetarian
Garlic Chilli Oil				✓	✓	Contains			May contain		