

ROLL'D DIETARY AND ALLERGEN INFORMATION

At Rolld, we believe in fresh and balanced eating. Our goal is to provide you with transparent information about our menu so that you can make an informed decision about your Roll'd menu choices. This guide provides you with the most common allergens and other ingredients in our menu that our customers may choose to avoid. If you have a food allergy or intolerance, please speak to our staff when ordering at one of the Roll'd food outlets.



HOW TO USE:

Y THE PRODUCT DOES CONTAIN THE ALLERGEN

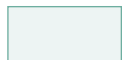
T THERE MAY BE TRACES OF THE ALLERGEN IN THE PRODUCT

as specified by the supplier or due to our cooking methods such as deep frying and sharing food preparation and storage areas.



NOT REPORTED IN THE PRODUCT

a blank space in the table indicates that based on the information from our ingredient suppliers and assessment of our restaurant operations, allergens (or allergen traces) were not reported in this product. However, ***we are unable to guarantee that any products sold are free from allergens.*** There is always a risk that traces of allergens may be transferred to ingredients during processing, storage or food preparation in our kitchens or during the external manufacturing process for a product or ingredient.



VEGETARIAN OR VEGAN

Please be aware that we do not have a gluten free menu, low gluten options can be found in our Nitty Gritty Nutrition Information. The low gluten options are defined as ingredients of the menu items that do not naturally contain gluten, however, we cannot guarantee it is free from gluten due to processing, storage and food preparation.

SOLDIERS® 'RICE PAPER ROLLS'	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
Low Carb Poached Chicken Breast					T			T		T					Y
Low Carb Barramundi						Y				Y					Y
Low Carb Tofu					Y			Y		T					Y
BBQ Chicken					Y	T		Y		T					Y
Roast Duck					Y			Y		T					Y
Tofu					Y			Y		T					Y
Soft Shell Crab							Y			Y					Y
Chicken & Avocado					T			T		T					Y
Barramundi & Avocado						Y				Y					Y
Garlic Prawn							Y							Y	Y
Lemongrass Beef						Y								Y	Y
Pork & Prawn						Y	Y	T		T				Y	Y
Note: The source of onion in this range comes from fried shallots.															

BAO 'STEAMED BUN'	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
BBQ Chicken			Y	Y	T	T		Y		Y					Y
Roast Pork & Crackling			Y	Y	T	Y		Y		Y					Y
Lemongrass Beef			Y	Y	T	Y		Y		Y				Y	Y
Crispy Prawn			Y	Y	T	T	Y	Y		Y	T				
Tofu			Y	Y	T			Y		Y					Y
Roast Pork Belly			Y		Y			Y		Y				Y	Y
Roast Duck			Y		Y			Y		Y				Y	Y
Note: The source of onion in this range comes from fried shallots.															

BÁNH MÌ 'VIET BAGUETTE'	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
BBQ Chicken		T	T	Y	T	T		Y		Y	T				
Roast Pork & Crackling		T	Y	Y	T	T		Y		Y	T				
Roast Pork Belly		T	Y	Y	T			Y		Y	T				
Lemongrass Beef		T	T	Y	T	Y		Y		Y	T			Y	
Tofu		T	T	Y	T			Y		Y	T				

Note: The source of egg in tofu Bánh Mì comes from mayo. Customer may ask to remove mayo to make it vegan.

GỎI 'VIET SALAD'	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
Chicken Breast					T			T		T					Y
Roast Pork Belly								T							Y
Lemongrass Beef						Y								Y	Y
Prawn							Y								Y
Pork & Prawn						Y	Y	T		T				Y	Y
Tofu								Y		T					Y
Crab Crackers (on the side)							Y				Y			Y	
Nuoc Mam Dressing (on the side)						Y									
Veg Nuoc Mam Dressing (on the side)								Y		Y					

Note: Allergens of crab crackers and dressing are listed separately as they are optional. The source of onion in this range comes from fried shallots.

BÚN 'NOODLE SALAD'	PEANUT	TREE NUTS	MILK	ECC	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
BBQ Chicken					T	T		Y		T					Y
Lemongrass Beef						Y								Y	Y
Pork Spring Rolls			T	T	T	Y	T			Y				Y	Y
Roasted Pork & Crackling						T		T		T					Y
Roast Pork Belly								T							Y
Crispy Chicken Ribs								T		Y				Y	Y
Tofu & Veg Spring Rolls					Y			Y		T					Y
Nuoc Mam Dressing (on the side)						Y									
Veg Nuoc Mam Dressing (on the side)								Y		Y					

Note: The source of onion in this range comes from fried shallots, excludes pork spring rolls.

BREAKFAST	PEANUT	TREE NUTS	MILK	ECC	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
Bánh Mì - Bacon		T	Y	Y	T			Y		Y	T				Y
Bao - Bacon			Y	Y	Y			Y		Y				Y	Y
Breakfast Bowl - Bacon			Y	Y						Y					Y
Bánh Mì - Tofu		T	Y	Y	T			Y		Y	T				Y
Bao - Tofu			Y	Y	Y			Y		Y				Y	Y
Breakfast Bowl - Tofu			Y	Y				Y		Y					Y

Note: The source of onion in this range comes from fried shallots or spring onion.

COM 'RICE SALAD'	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEG	CARLIC	ONION
BBQ Chicken					T	T		Y		T					Y
Lemongrass Beef						Y								Y	Y
Homestyle Pork Spring Rolls			T	T	T	Y	T			Y				Y	Y
Roasted Pork & Crackling						T		T		T					Y
Roast Pork Belly								T							Y
Crispy Chicken Ribs								T		Y					Y
Tofu & Veg Spring Rolls					Y			Y		T					Y
COM 'RICE BOWLS'	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEG	CARLIC	ONION
Shaking Beef Steak Brown/Jasmine Rice					Y		Y	Y		Y				Y	Y
Lemongrass Chilli Chicken Brown/Jasmine Rice					T	Y		Y		T				Y	Y
Plant Based Chicken Brown/Jasmine Rice					T			Y		T				Y	Y
Fried Rice			Y	Y						Y					Y
Fried Rice Pork Belly			Y	Y				T		Y					Y
Fried Rice Prawn			Y	Y			Y			Y					Y
Fried Rice BBH	T		Y	Y	T		Y	Y		Y				Y	Y
Fried Rice Pork Belly BBH	T		Y	Y	T		Y	Y		Y				Y	Y
Fried Rice Prawn BBH	T		Y	Y	T		Y	Y		Y				Y	Y
Nuoc Mam Dressing (on the side)						Y									
Veg Nuoc Mam Dressing (on the side)								Y		Y					

Note: The source of onion in this range comes from fried shallots, excludes pork spring rolls and fried rice.

PHỞ 'CLASSIC NOODLE SOUP' BOWL/CUP	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEG	CARLIC	ONION
Beef								T		Y				Y	Y
Chicken					T			T		Y				Y	Y
Beef & Chicken					T			T		Y				Y	Y
Seafood						Y	Y	T		Y				Y	Y
Mushroom & Tofu								Y		Y					Y
Beef Brisket								T		Y				Y	Y
Hoisin (on the side)					Y			Y		Y				Y	
Sriracha (on the side)											Y			Y	

Note: Phở noodle can be replaced with rice vermicelli noodle as a low gluten option. However, fish balls in seafood phở contains gluten.

NOODLE SOUPS	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEG	CARLIC	ONION
Bún Bò Huế - Spicy Beef Noodle Soup	T				T		Y	Y		Y				Y	Y
Bánh Canh Cua - Crab Thick Noodle Soup						Y	Y	Y		Y				Y	Y
Mì Tôm Thịt - Pork and Prawn Egg Noodle Soup						Y	Y	T		Y				Y	Y

DRINKS	PEANUT	TREE NUTS	MILK	EGG	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEG	CARLIC	ONION
Iced Tea - Lemon															
Iced Tea - Peach															
Iced Coffee			Y												

SIDES	PEANUT	TREE NUTS	MILK	ECC	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
Sweet Potato Fries *Paired with Chilli Mayo				•Y										Y	
Crispy Chicken Ribs								T		Y				Y	Y
Pork Spring Rolls *Paired with Nuoc Mam			T	T	T	Y	T			Y				Y	Y
Flaming Prawns *Paired with Chilli Mayo				•Y			Y	Y		Y	T				Y
Veg Spring Rolls *Paired Veg Nuoc Mam					Y			Y		T •Y					
Seafood Spring Rolls *Paired with Nuoc Mam						Y	Y							Y	Y
Crab Crackers							Y				Y			Y	

SAUCES	PEANUT	TREE NUTS	MILK	ECC	SESAME SEEDS	FISH	CRUSTACEAN /MOLLUSC	SOY	LUPIN	GLUTEN /WHEAT	SULPHITES	VEGAN	VEC	CARLIC	ONION
Soldier Sauce - Hoisin			Y					Y							
Soldier Sauce - Spicy Hoisin			Y					Y							
Soldier Sauce - Chilli Mayo				Y											
Soldier Sauce - Nuoc Mam						Y									
Soldier Sauce - Veg Nuoc Mam								Y		Y					
Soldier Sauce - Citrus Herbs						Y									
Soldier Sauce - Garlic Chilli Oil										Y				Y	
Siracha											Y			Y	
Optional with phở - Hoisin					Y			Y		Y				Y	